Meandering Shells Fingerless Mitts
Designed for the 2026 SDYC by
Yarn & Thread Expressions

Delicate fingerless mitts for those times you want a little extra warmth for your hands, using washable sock weight yarn.

Skill Level: advanced beginner - intermediate crocheter

Size: Wm's small (medium)

Stitches:
Shell pattern repeat = 4 stitches, increase or decrease size in 4 stitch increments
BLO = back loop only
Sc = single crochet, Dc = double crochet, Ch = chain
Sl St = slip stitch

Materials
About 30 grams sock weight yarn – sample pictured used Baah La Jolla
US F crochet hook
Tapestry needle for weaving in ends

Pattern Instruction
Cuff - worked back and forth
Ch 15
Row 1: 1SC in second chain from the hook, SC across, ch1, turn (14 Sc sts)
Note: The ch1 at the row end does not count as a stitch
Row 2: Working in BLO, 1 Sc in each Sc stitch across, ch 1, turn (14 Sc sts)
Rows 3 – 36(40): repeat Row 2 (apx. 6.5") or until the cuff is long enough to comfortably fit around your wrist, do not cut yarn

Finish Cuff
Bring the two short ends of the cuff together, and working through the back loops, join the row ends with a slip stitch, being careful to keep your slip stitches a little loose. Turn cuff to the side that you want to be the outside, do not cut yarn

Hand and Thumb opening - worked in rounds
With the last loop still on the hook from slip stitching the cuff ends together:
Row 1: Ch 1, Work 1 Sc in each of the row ends, join round with sl st in first Sc [40(44) Sc sts]
Row 2: Ch 3, 2 Dc in same st as Ch 3. *Skip 1 st, 1 Sc in next St, skip 1 st, 3 Dc in next st*; repeat between *'s until 3 sts remain, skip 1 st, 3Dc in next st, skip next st, sl st in the second chain of the starting Ch3 (10 (11) shells)
Row 3: 1Sc in the same st as slip st, skip 1 st, 3 Dc in next Sc, *Sc in center Dc of the next shell, 3 Dc in next Sc* repeat between *'s to the last shell, 1 Sc in center Dc of shell
Row 4 -11: repeat Row 3
Row 12: Skip the next 5(7) sts (shell, Sc, shell, Sc, shell (Sc, shell)) and Sc in the next center Dc of shell, continue around in pattern (8 (9) shells)
Row 13 - 16: repeat Row 4, finish off at the end of Row 16, weave in ends